

FURTHER INFORMATION ABOUT THE *SISTER FREDA MISSION*

Each week in the Crypt at St James' a team of parishioners prepares and distributes sandwiches, cake, fruit, tea and coffee to about 80 people, and in the cold weather soup is served.

Once a year in December, a full Christmas lunch with turkey, ham, Christmas pudding and ice cream is provided. About 250 meals are distributed on this day.

The people who come each week have many needs, some of which are satisfied just by the food provided. The opportunity to meet friends is another important need, as is being served by friendly people who are willing to listen to their problems.

GET INVOLVED

Many hands make light work. We need committed teams of people to help each week. Please contact the coordinators if you would like to join one of the groups.

DONATE

The *Sister Freda Mission* relies on donations from parishioners and members of the wider community to continue this necessary work as well as the physical help and support from the team of parishioners every Sunday.

If you would like to support the *Sister Freda Mission*, please send your donation along with details of your name, address/phone number, explanation of how much your donation is for, and whether or not you require a receipt, to: St James' Church Office, Level 1, 169-171 Phillip Street, Sydney, NSW 2000. Cheques should be made payable to 'St James' Church (Sister Freda Mission)'.